

Connect With Your Horse: Mind, Body, & Spirit
Friday, June 24 – Sunday, June 26
Campbell-Urban Training Center

Don't miss this opportunity to spend a weekend intensive with Rick and Judy Urban, masters of horsemanship as well as certified instructors in yoga.

- Private lessons in Dressage, working with Judy and/or Rick
- Private lessons in Jumping with Rick (if desired)
- Daily Yoga class with exercises targeted to enhance horsemanship
- Daily work on mind-body awareness
- Mini-seminar on proper saddle fit and bodywork for horses and riders by guest teacher Amy Goodman-Seale from Equilibrium
- Gourmet lunch served every day; dinner with wine and beer Friday and Saturday evening
- Argentine Tango demonstration Saturday night showing mind-body connection
- Price includes all lessons, classes, meals (as described above), and stabling for your horse

Limited to 10 horse & rider teams

\$950 per horse/rider team (limited to 10 teams)

\$300 Deposit due June 1 to reserve your spot

Local lodging:

Fairfield Inn – 830.368.4149

Holiday Inn Express – 830.249.6800

Hampton Inn – 830.816.8800

Contact Judy @210.219.5907 for registration or more information.
See our website at www.campbellurban.com.